

SESSION 2 / U13

Stations + 9v9 games

U13: 6-7:30 PM / DSGP Turf fields (8 and 10)

Sept 21: Sample, Sample and Sample out

STATIONS 3 rounds of 15 minutes / 45 minutes total. Coach order below each group: Round 1 > 2 > 3.

| GROUP A                                   |    | 12 players |
|-------------------------------------------|----|------------|
| Sample 003                                | GK |            |
| Sample 002 (Q3/Q4)                        | GK |            |
| Sample 012                                | CB |            |
| Sample 038                                | LB |            |
| Sample 015                                | LB |            |
| Sample 016                                | RB |            |
| Sample 021                                | CM |            |
| Sample 019                                | CM |            |
| Sample 024                                | CM |            |
| Sample 029                                | W  |            |
| Sample 028                                | W  |            |
| Sample 041                                | W  |            |
| Coach A > Coach B > Coach C / 15 min each |    |            |

| GROUP B                                   |    | 13 players |
|-------------------------------------------|----|------------|
| Sample 005                                | GK |            |
| Sample 040                                | CB |            |
| Sample 008                                | CB |            |
| Sample 007                                | CB |            |
| Sample 013                                | LB |            |
| Sample 018 (Q3/Q4)                        | RB |            |
| Sample 036 (Q3/Q4)                        | CF |            |
| Sample 020                                | CM |            |
| Sample 023                                | CM |            |
| Sample 022                                | CM |            |
| Sample 032                                | W  |            |
| Sample 031 (Q3/Q4)                        | W  |            |
| Sample 033 (Q3/Q4)                        | W  |            |
| Coach B > Coach C > Coach A / 15 min each |    |            |

| GROUP C                                   |    | 13 players |
|-------------------------------------------|----|------------|
| Sample 001                                | GK |            |
| Sample 004                                | GK |            |
| Sample 011 (Q3/Q4)                        | CB |            |
| Sample 006                                | CB |            |
| Sample 010                                | CB |            |
| Sample 014                                | LB |            |
| Sample 017                                | RB |            |
| Sample 035                                | CF |            |
| Sample 025                                | CM |            |
| Sample 039                                | CM |            |
| Sample 026 (Q3/Q4)                        | CM |            |
| Sample 030                                | W  |            |
| Sample 037                                | W  |            |
| Coach C > Coach A > Coach B / 15 min each |    |            |

9v9 LINEUPS / TEAMS 1-2: 3-2-3 / TEAMS 3-4: 3-2-1-2

TEAM 1 10 players  
6 Club A / 4 Club H

TEAM 2 10 players  
5 Club A / 5 Club H

TEAM 3 9 players  
5 Club A / 3 Club H / 1 Club D

TEAM 4 9 players  
4 Club A / 4 Club H / 1 Club C



Starting substitute:  
Sample 024



Goalkeeper rotation:  
Sample 003 (GK rotation)



All nine start



All nine start

GAME ROTATION R1: 1 vs 2 / 3 vs 4 | R2: 1 vs 3 / 2 vs 4 | R3: 1 vs 4 / 2 vs 3